

Imperfect but heartfelt prayer

My heart goes out to so many people on this planet:
may they all receive a pulse of great love from our prayers
a pulse that stirs mysteriously in their being
giving strength to endure
hope to be seen and respected as human beings
courage to reach across divides and sense the oneness of humanity
inspiration to find nonviolent solutions to violent ways
and commitment to discover the ways of peace.

Bridget Belgrave

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