

The Forest of Love

I went to the forest of love
And this is what I found
I bring it to show you
To share with you
Take, eat

This food may take you on mystery trips
Down lanes of remembering
That lead to clearings of delight
Of calm
Of trust

There is no hurry
It has all happened before

This moment, though, is new
And in it I share with you
What I found in the forest
Of love.

Bridget Belgrave